

Conflict coaching

**Change the way you handle conflict
when the other person does not want to mediate.**



Private session



Tailored to your needs



Free

How does it work?

We offer a confidential session with two trained conflict coaches, who are also mediators. They listen to you and help you consider your options, even though the other party is not involved. Conflict coaching helps you understand what strengths you might have from similar or even different experiences which might mean that you could deal with the current issues in a better way. As with mediation, our conflict coaches will not suggest or recommend solutions, but help you work out what you would like to do.



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Our clients say:

"I was helped to see an overview of the whole conflict situation I was in with clarity and purpose. It helped me to further process my difficult emotions and perceptions that need healing. It directed me to what positive and healthy steps or actions I need to do."

Who are we?

Wandsworth Mediation Service is a charity supporting neighbours, families and communities in conflict. Set up in 2004, we help people in many different ways including mediation, conflict coaching and community workshops, together with peer mediation and training courses in schools and local organisations.

**GET IN
TOUCH!**



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🌐 or via the contact form on our website:
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